



# ABEER SYAL

BS MD FRCS(ORL) FAAOS

ORTHOPAEDIC SURGERY

UBC CLINICAL INSTRUCTOR

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## BACKGROUND

Fellowship trained orthopaedic surgeon currently practicing in Langley, BC. Experience with general orthopaedic trauma surgery and complex upper extremity trauma & reconstruction. Subspecialty practice focused on total joint replacement & sports medicine, and knee & shoulder reconstructive arthroscopy, joint preservation & regenerative orthopaedics.

## WORK EXPERIENCE

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|-----------------------|---|
| <b>2012 – Present</b> | <b>Orthopaedic Surgeon</b><br>Dr. Abeer Syal Inc.   RegenMD.<br>Langley Memorial Hospital. Langley, BC. Fraser Health Authority.  |
| <b>2016 – Present</b> | <b>UBC Clinical Instructor</b><br>Faculty of Medicine, Department of Orthopaedics. Division of Comprehensive Orthopaedics. University of British Columbia. Vancouver, BC.   |
| <b>2017 – 2018</b>    | <b>Department Head of Surgery</b><br>Langley Memorial Hospital. Langley, BC. Fraser Health Authority.   |
| <b>2014 – 2017</b>    | <b>Division Head of Orthopaedics</b><br>Langley Memorial Hospital. Langley, BC. Fraser Health Authority.  |
| <b>2009 – 2011</b>    | <b>Locum Orthopaedic Surgeon</b><br>Ridge Meadows Hospital. Maple Ridge, BC. Fraser Health Authority.<br>Kelowna General Hospital. Kelowna, BC. Interior Health Authority.<br>Northern Lights Regional Health Centre. Fort McMurray, Alberta. Northern Lights Health Region.<br>Medicine Hat Regional Hospital. Medicine Hat, Alberta. Palliser Health Region.<br>Aberdeen Hospital. New Glasgow, Nova Scotia. Pictou County Health Authority.<br>Timmins & District Hospital. Timmins, Ontario. North East LHIN.<br>Kootenay Boundary Regional Hospital. Trail, BC. Interior Health Authority.<br>Chinook Regional Hospital. Lethbridge, Alberta. Chinook Health Region.<br>Red Deer Regional Hospital. Red Deer, Alberta. David Thompson Health Region. |
| <b>2000 - 2001</b>    | <b>Western University Research Team Member</b><br>Collaborative Bi-Directional Learning Model. UWO-LHSC.<br>Western University. London, Ontario.  |
| <b>1998</b>           | <b>Vanderbilt University Medical Centre Research Assistant</b><br>Vanderbilt University Medical Centre. Nashville, Tennessee, USA.  |
| <b>1998</b>           | <b>Club Tennis Professional</b><br>Lebanon Golf & Country Club. Lebanon, Tennessee, USA.  |
| <b>1996 - 1997</b>    | <b>Club Tennis Professional</b><br>Windsor Tennis Club. Windsor, Ontario.   |



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**JOINT RECONSTRUCTION  
REGENERATIVE ORTHOPAEDICS  
SPORTS MEDICINE**

## EDUCATION

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- 2008 - 2009    Reconstructive Arthroscopy Fellowship**  
University of British Columbia. Vancouver, BC. Faculty of Medicine. Dept. of Orthopaedics. Division of Arthroscopic, Reconstructive Surgery, & Joint Preservation.
- 2003 - 2008    Orthopaedic Surgery Residency | FRCSC**  
University of Manitoba. Winnipeg, Manitoba. Faculty of Medicine.  
Section of Orthopaedics.
- 1999 - 2003    Medical Degree | MD**  
University of Western Ontario. London, Ontario. UWO School of Medicine & Dentistry.
- 1995 - 1999    Bachelor of Science Degree | BS**  
Cumberland University. Lebanon, Tennessee, USA.  
Summa Cum Laude. Major: Biology. Minors: English & Chemistry.

## HONOURS

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- 2007    Chief Resident**  
Univ. of Manitoba. Orthopaedic Surgery Residency Program.
- 2000    Dr. Martin W. Stapleton Award**  
Western University. U.W.O. School of Medicine.
- 1999    Academic Achievement Award OUA**  
Western University. U.W.O. Men's Varsity Tennis.
- 1999    Most Outstanding Player**  
Cumberland University. Men's Varsity Tennis.
- 1998-1999    All American Scholar Athlete**  
International Tennis Association.
- 1997-1999    NAIA Men's National Tennis  
Tournament**  
Tulsa, Oklahoma & Boca Raton, Florida. CU Men's Varsity Tennis.
- 1999    All-American Scholar**  
United States Achievement Academy.
- 1999    Who's Who Among Students in  
American Colleges & Universities**  
Cumberland University.
- 1996-1999    Mid-South Conference Champions  
& NAIA #1 Academic Rank**  
Cumberland University | CU Men's Varsity Tennis.
- 1996-1999    Dean's List & National Honour &  
Leadership Societies**  
Cumberland University.
- 1995-1999    Academic & Athletic Scholarships**  
Cumberland University & CU Men's Varsity Tennis Team.

## LICENSURE

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- 2010 CPSBC**  
College of Physicians & Surgeons of BC
- 2016 CPR - BLS**
- 2009 FRCSC**  
Fellow of the Royal College of Physicians & Surgeons of Canada
- 2005 POS**  
RCPSC Principles of Surgery
- 2004 LMCC II**  
Licentiate of Medical Council of Canada Part II
- 2003 LMCC I**  
Licentiate of Medical Council of Canada Part I
- 2003 ACLS**  
Advanced Cardiac Life Support
- 2003 ATLS**  
Advanced Trauma Life Support

## MEMBERSHIPS

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- AANA** Arthroscopy Association of North America
- AAOS** American Academy of Orthopaedic Surgeons
- CMPA** Canadian Medical Protective Association
- COA** Canadian Orthopaedic Association
- DOBC** Doctors of British Columbia
- RCPSC** Royal College of Physicians & Surgeons of Canada

## COURSES

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- SEP 2017 - MAR 2018 UBC Sauder Physician Leadership Program**  
Vancouver, BC. Robson Square  
UBC Sauder School of Business
- APR 2009 Canadian Orthopaedic Resident Forum**  
Calgary, AB.
- APR 2007 & 2008 Ste. Justine Paediatric Orthopaedic Review Course**  
Montreal, QC.
- 2003-07 Manitoba Orthopaedic Symposium**  
Winnipeg, MB.
- APR 2007 AOA-OREF Zimmer Resident Leadership Forum**  
Asheville, North Carolina, USA.
- NOV 2007 AO ASIF Advanced Principles & Techniques of Operative Fracture Management Course**  
Toronto, ON.
- NOV 2006 AO ASIF Basic Principles & Techniques of Operative Fracture Management Course**  
Toronto, ON.
- OCT 2005 COA Basic Science Conference**  
Ottawa, ON.

**PUBLICATIONS** 

**Syal A. & MacDonald P. Arthroscopic Arthrodesis of the Shoulder.**

A Report of Two Cases. J Shoulder Elbow Surg. 2008 Mar-Apr;17(2):e23-5. Epub 2007 Oct 29.

**Syal A. & Pilkey B. Open Fracture of the Tibia & Fibula Caused by An Airbag.**

A Case Report & Review of the Literature. The Internet Journal of Orthopaedic Surgery. 2006. Vol. 3, No.1.

**MEETINGS** 

**2009 - 2019 | UBC Dept. of Orthopaedics Update & BCOA Annual Meeting**

Vancouver, BC

**APR 2019 | Sigvaris Fitters Seminar**

Burnaby, BC

**APR 2019 | Skinceuticals Professional Protocols Academy**

Vancouver, BC

**OCT 2018 | Skinceuticals Academy**

Vancouver, BC

**SEP 2018 | The Aesthetic Practice Summit - Cutera**

Seattle, Washington, USA

**MAY 2018 | Zimmer Biomet Sports Medicine + Shoulder Arthroplasty Instructional Course**

Phoenix, Arizona, USA

**APR 2018 | Science of Skin & S.M.A.R.T. - Skinceuticals**

Vancouver, BC

**JAN 2018 | BC Summit on Surgical Improvement**

Richmond, BC

**NOV 2017 | D.R.E.A.M. Aesthetics Meeting**

Toronto, ON

**NOV 2017 | ICJR 6th Annual Shoulder Course**

Las Vegas, Nevada, USA

**DEC 2016 | Conmed Clearwater Arthroscopy Meeting**

Clearwater, Florida, USA

**NOV 2016 | AANA Annual Fall Meeting**

Las Vegas, Nevada, USA

**SEP 2016 | Arthrex Shoulder Meeting**

New Westminster, BC

**APR 2016 | Pendopharm – Monovisc Regional Consultant Meeting**

Vancouver, BC

**APR 2016 | Arthrex Knee Think Tank Meeting**

Vancouver, BC

**FEB 2016 | Oxford Advanced Instructional Course**

San Francisco, California, USA

**NOV 2015 | Accuro EMR Summit**

Riviera Maya, Mexico

**2015, 2010, 2004 | COA Annual Meeting**

Calgary, AB. June 2004 | Edmonton, AB June 2010 | Vancouver, BC. June 2015

**MAY 2015 | Fraser Valley Orthopaedic Meeting**

Langley, BC

**NOV 2014 | Pendopharm – Monovisc Regional Consultant Meeting**

Vancouver, BC

**JUN 2014 | Oxford Masters Course**

Vancouver, BC

**MAR 2014 | Sanofi Viscosupplementation - Fortius Sport & Health**

Vancouver, BC

**SEP 2014 | Arthrex Whistler Roadshow**

Whistler, BC

**APR 2014 | Acumed Upper Extremity Surgeon Bio-Skills Course**

Beverly Hills, California, USA

**DEC 2012 | Conmed Clearwater Arthroscopy Meeting**

Clearwater, Florida, USA

**NOV 2012 | Biomet Comprehensive Shoulder Advanced Symposium**

Tampa, Florida, USA

**SEP 2012 | National Capital Knee Symposium**

Ottawa, ON

**MAR 2012 | Acumed Upper Extremity Surgeon Bio-Skills Course**

Las Vegas, Nevada, USA

**APR 2011 | AANA Annual Meeting**

San Francisco, California USA